

ALL AROUND THE WORLD, FATHERS, BROTHERS AND FRIENDS FACE A HEALTH CRISIS THAT ISN'T BEING TALKED ABOUT.

MEN ARE DYING TOO YOUNG, BEFORE THEIR TIME AND FOR NO GOOD REASON.

focused solely on men's health. We raise funds that deliver innovative, groundbreaking research and support programs to enable men to live, happier, healthier and longer lives.

Awareness and fundraising activities are run year-round by the Foundation, with the annual Movember campaign in November being globally recognized for its fun,

fundraising and getting men to take action for their health.

Since 2003, we've created a men's health movement of over 5 million supporters across the world. Through the moustaches grown and the conversations generated, we've helped fund 1,200 innovative men's health projects across 21 countries focusing on prostate cancer, testicular cancer, mental health and suicide prevention.

## **US STATS**



FOR MORE INFORMATION
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MEN'S HEALTH

doctor within the past year

12.4%

years and over are in

MENTAL HEALTH & SUICIDE **PREVENTION** 

US will experience a mental health problem in a given year

**MORE THAN** 

More than three times as many men as women die by suicide in the U.S

**PROSTATE** CANCER

2nd most common cancer in men in the US

diagnosed with prostate cancer in their lifetime

**TESTICULAR** CANCER

**YEARS** 

most common cancer in young men aged 15-34

8,850

About 8,850 new cases of testicular cancer are diagnosed in men

## HOW TO GET INVOLVED



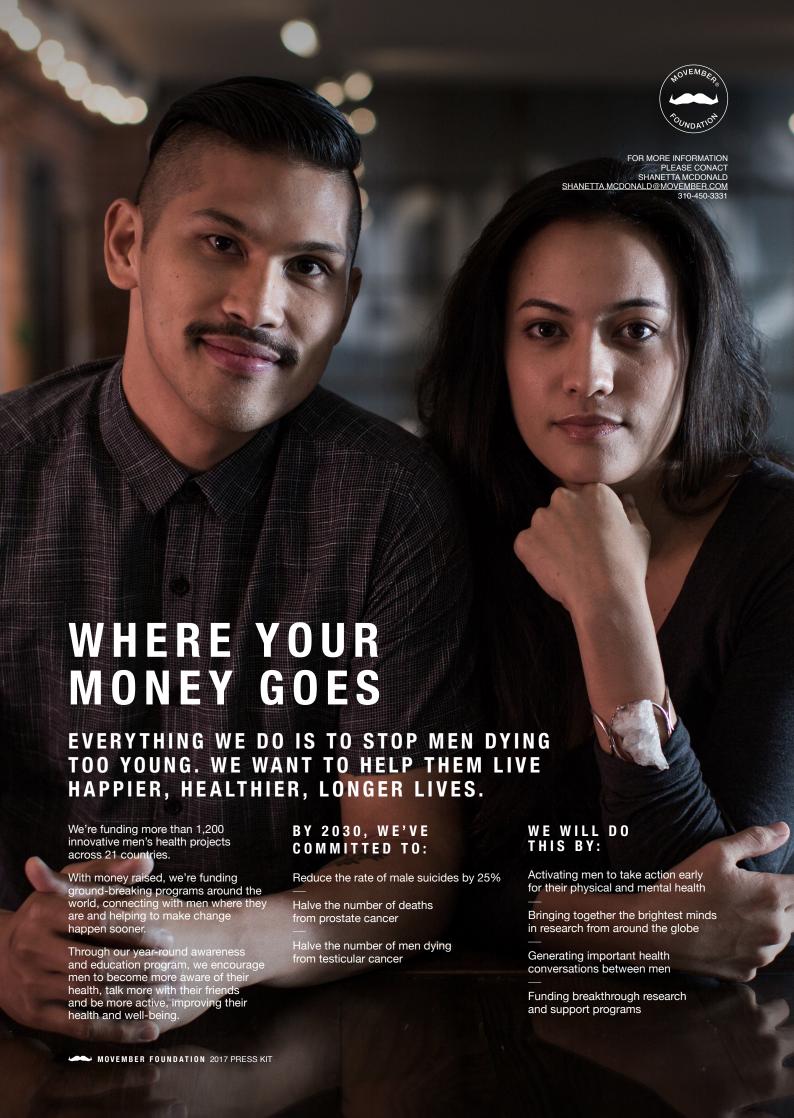
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STOP MEN DYING TOO YOUNG.
JOIN THE FIGHT FOR MEN'S HEALTH.

There are three ways to get involved with Movember and support men's health:

		WHAT	H O W	WHEN
01	GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02	MOVE	Walk. Run. Cycle. Swim. Row.	Go the distance and raise funds to support men's health	Anytime, anywhere, during the month of Movember
03	HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember





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